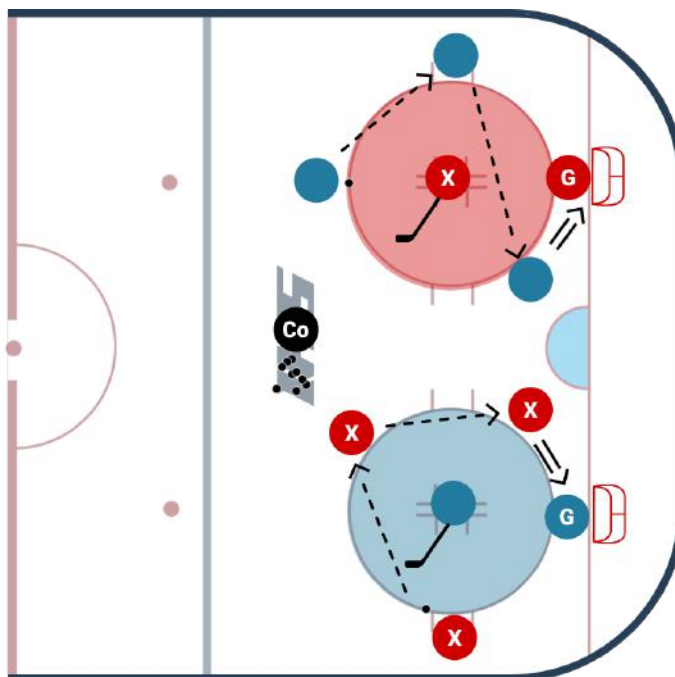


Small Area Game (SAG) - Circle Scoring



Description

Purpose of the drill is to reinforce important offensive skills like deception, quick puck movement, and moving to open ice. Defensemen are to focus on stick placement/angling to break up plays and dictate passing lanes.

Key factors of the drill:

- Defender - stick positioning, angle to dictate passing lanes, awareness, anticipation
- Offense - puck movement, passing, deception, communication, quick release

A variation on the Triangle Scoring SAG, the objective of this game is for the players on the outside of each circle to score before the opposing team (team "X" vs. team "O"). On the whistle players on the outside of each circle move freely around the outside of the circle and pass the puck around/shoot in an attempt to score on the opposition goalie. Passes are made on the perimeter of the circle and/or through the circle. The defender in each circle moves freely in an attempt to break up passes via stick work to clear the puck. First team to score wins/earns a point. If the defender clears the zone the coach inserts a new puck into play.

Offensive players are encouraged to be deceptive with their bodies/passes, make quick and accurate passes, have quick release on their shots, and move to open ice. Defense should focus on stick placement to break up plays/dictate passing lanes.