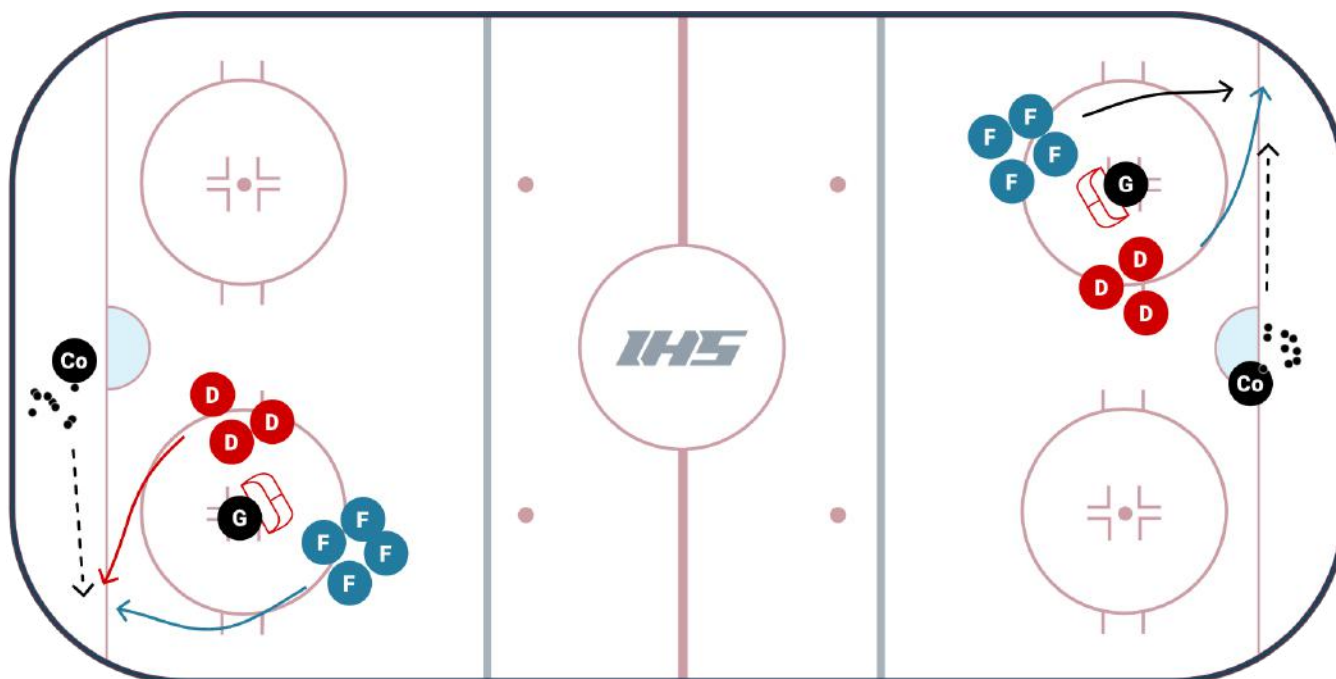


Puck Possession - Corner Battle Drill



Description

Purpose of the drill is have a player gain possession of the puck then use protection techniques (body positioning, edge work, movement, stickhandling) to maintain control and create open ice.

Key factors of the drill:

- Defender - maintain tight gap on puck carrier, continuous attack, angle into boards for puck separation
- Offense - use body positioning, edgework, quick turns and stickhandling to protect puck while moving to open ice

The drill is run out of both ends simultaneously. On the whistle the coach passes a puck into the corner and one defender (D) and one attacker (F) skate to the puck and attempt to individually retrieve it. The player who gains possession works to protect the puck from the defender while attempting to create open space and a shot on goal. The defender attempts to steal the puck, protect it, and move to open ice for a shot. The battle continues until a player scores. If the puck leaves the playing area the coach passes a replacement puck into the battle area. To modify the drill, the coach can call out different numbers of attackers/defenders (1v2, 2v2, 3v1, etc.).

It is important that the individual with the puck use body positioning, edgework, quick movements and stickhandling to maintain puck possession. Defenders should look to set a tight gap, consistently attack and utilize angling skills to initiate puck/player separation.