



2019-20 Midget B Tryout Letter

Parents,

The purpose of this letter is to inform you of what you and your daughter can expect in Cambridge should she be selected, and accept the offer to play on the 2019-20 Midget B Team next season.

The coaching staff will include Aaron GOODING (Head Coach), Fraser GALER (Assistant Coach) and non-parent Adam MORRIS (Assistant Coach). We have coached together for several years and most recently Coach Adam and I coached together on the Bantam 1 team, while Coach Fraser was an assistant on Bantam BB.

Character building and skill development are our primary objectives, and our team mantra is Play Hard, Have Fun!

Winning hockey games is NOT our top priority, we have set out goals for our team, and we will work with the parents and players to set and achieve individual goals.

This team will play smart, high tempo hockey. Our goals and expectations will be to:

- Make smart hockey decisions - they may not always work but good decision making will be a focus
- Be among the teams with the fewest penalty minutes
- Empower the players (as a group) to select one drill per practice. (this will engage the girls and allow them to tailor the drills for their personal development)
- Have success in the Playoffs – in the Lower Lakes Female Hockey League, and in the OWHa Provincial play downs
- Be good team mates, and have FUN!

2019-20 Midget B Team Plan

To help our team to bond, and to develop individually & as a team, I've set out a high level team plan:

- Team Meeting - at the end of tryouts
- Off Season Team Workouts - One per month, June, July, August
- Regular Season - Two practices per week
- One dryland session every 2 weeks
- August Team Building Event - Tough Mudder (5k)
- September Tournament - Oakville or Niagara Falls
- November Tournament - Barrie

- January Tournament - Cambridge

I encourage players and parents to speak to me during the tryout process to ensure we are all aware of expectations, on ourselves and each other.

All players on the tryout list are expected to attend every skate (practices and games - even if not playing). If you are unable to attend, please let me know as soon as practical.

We understand that some players may be trying out for multiple centres, and we will support any decision you make that you believe will be best for your daughter.

I look forward to speaking with you all during the tryout process.

Midget B Tryouts

Sat, Apr 27 6:00 PM-7:00 PM - Galt Arena

Sat, May 4 7:30 PM-9:00 PM - Hespeler 1

Sun, May 5 9:00 AM-10:00 AM - Hespeler 1 Game vs TBD

Game vs. Flamborough Mon, May 6 7:00 PM-8:00 PM - Sports Park

Game vs. Stratford Fri, May 10 8:30 PM-9:30 PM - Hespeler 2

Keep your stick on the ice,

Coach GOODING

A handwritten signature in black ink, appearing to read 'A. Gooding', with a stylized flourish at the end.