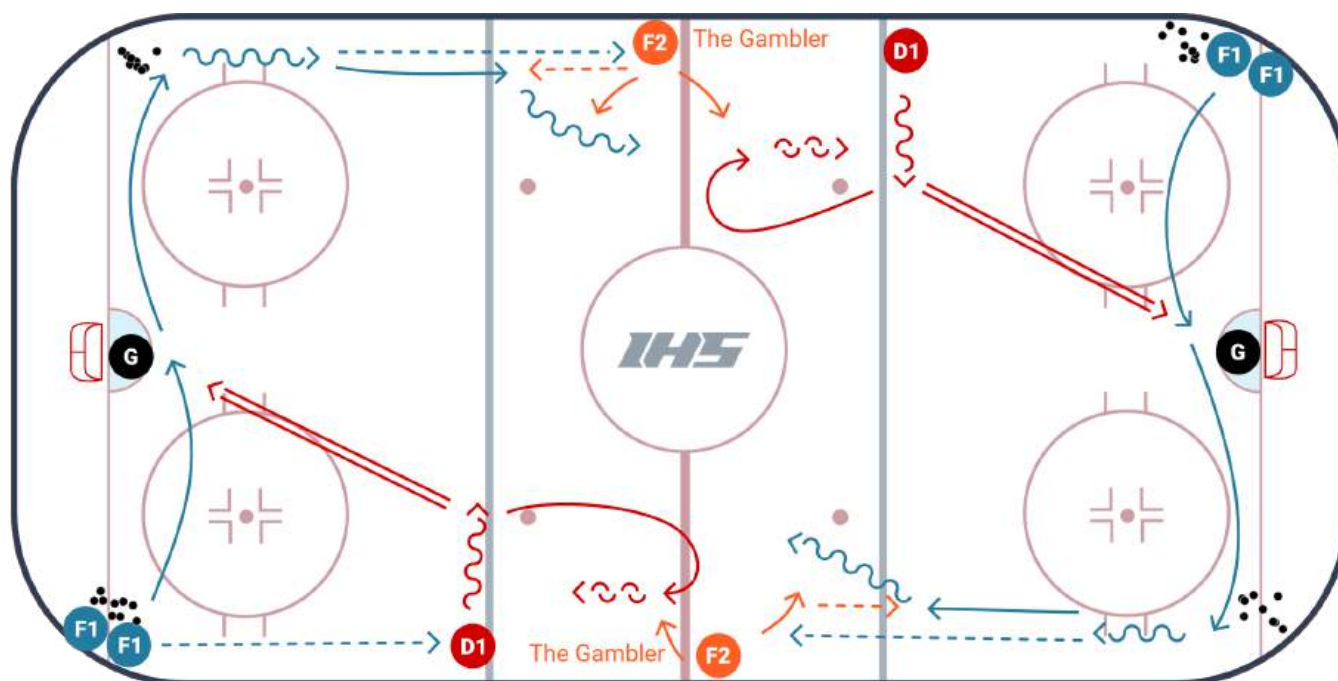


# Gap Control - The Gambler



## Description

This is a fun, dynamic drill that forces the forwards to be aware of the surrounding players and make decisions, and defense to read situations and control their gap.

### Key Elements:

Forwards - be aware of situation and make decisions, zone entry (staggered), timing screen

Defense - read the play to establish proper positioning, maintain appropriate gap, low hard point shot

On the whistle, both sides of the ice start. F1 passes the puck to the defender (D1) at the point, who walks the blue line and fires a shot on net. F1 times the shot at the point and aims to get a moving screen / tip / deflection. F1 continues to the corner to pick up a puck, skates up the boards and passes to F2, who gives it back to them with a quick touch pass. At that point, F2 can decide to jump into the play on either side of the ice. This can create a 1v1/ 2v1/3v1 situation depending on where the two F2's jump into. The defender that shot the puck skates up the ice to establish position and set their gap to defend against the forward(s).

D1 should be aware of their surroundings and adjust positioning based on 1v1, 2v1 or 3v1. It is critical to maintain proper positioning based on situation with appropriate gap control. F1/F2 should ensure communication and staggered zone entry to create space and make it more difficult for D1 to defend.