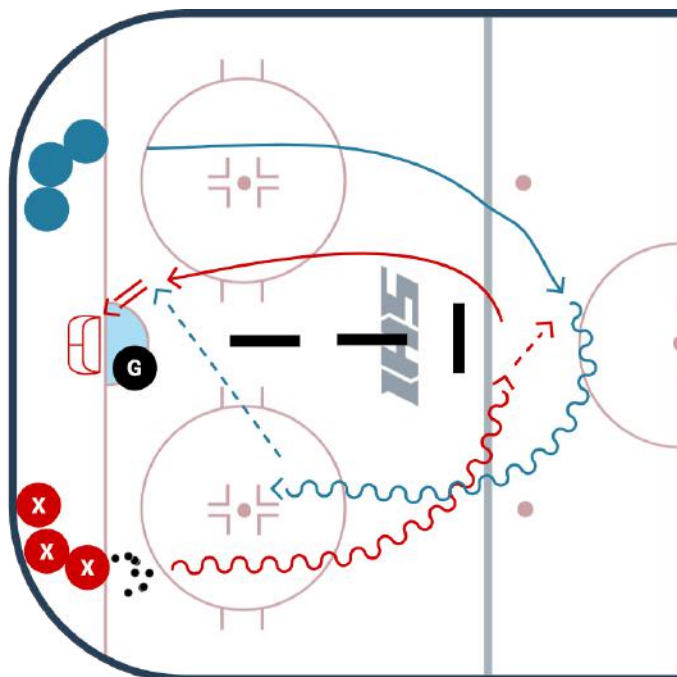


# Passing Drill - Backdoor Drive

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## Description

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The purpose of this drill is to create offensive options on zone entry while teaching pass options in relation to goalie position.

Key factors of the drill:

- Passer - reading goalie position, identifying opportunity for pass and/or rebound, deception techniques.
- Shooter - driving the net, establishing proper positioning for "backdoor" tip (open stance and stick on ice).

The shooter (X) starts with the puck and exits the zone around the placed boundaries, making a drop pass to the passer (O) who is exiting the zone from the other side. After transitioning the puck the shooter enters the zone in a hard/direct line towards the net and establishes a "backdoor" net presence (side of net, open body positioning, stick on ice). The passer enters the zone wide to pull the goalie to the side of the net and makes a hard pass to the shooter for a backdoor tap in on the open net. If the goalie adapts their positioning, or the shooter is unable to drive the net quickly enough, the passer can shoot low to create a rebound for the shooter or shoot on net.

The passer should evolve their understanding to determine the appropriate play based on goalie/shooter positioning. Over time they should adapt deception techniques (positioning on the ice, shoulder drop, etc.) to force goalie positioning to generate the play of their choosing (pass, rebound, shot).