

Small Area Game (SAG) - 3v3 Corner



Description

Purpose of the drill is to have offensive players control possession of the puck with protection techniques, skating to open ice, quick passes and communication with their teammates. Defensive players are to focus on, angling, body and stick positioning, anticipation, and communication with their teammates.

Key factors of the drill:

- Defender maintain gap on puck carrier, zone and stick positioning, angling, and communication
- Offense puck protection, moving to open ice, passing, and communication

This is a 3v3 drill that is played around/inside a circle. Each team is allowed one player inside the circle and two additional players outside the circle as illustrated. To start the coach passes the puck into the circle where a 1v1 battle occurs. Players in the circle can make passes to their teammates outside the circle and all players are eligible to shoot on goal. The game continues until one team scores with the losing team being replaced by new skaters.

Successful teams will focus on making quick passes, communication, puck protection, and moving to open ice when on offense. Defensively it is important to focus on proper stick placement and angling to dictate the direction of passes and/or to breakup passes.

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