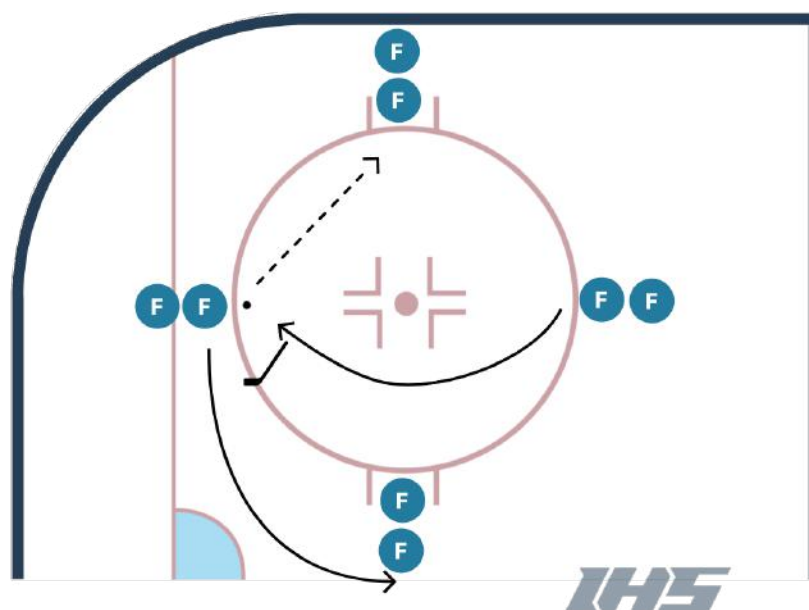


Angling Drill - Pass Left/Skate Right



Description

Purpose of the drill is to "angle" the passer to force a pass to the left while training the passer to move away from their pass to open ice.

Key factors of the drill:

- Timing/Direction of Angle and Stick Placement
- Accurate Passes and Player Alertness

To start the player situated across from the puck skates wide and curls towards the carrier at an "angle" with their stick out wide to the left blocking a potential passing lane. This essentially gives the carrier no option but to pass to their left as the skater has dictated the only available passing lane. Once the pass is complete the carrier skates to their immediate right and joins that line with the skater joining the line they angled towards. This process is repeated with the players who are now with/across from the puck in rapid succession. Players are to remain focused on making quick passes, keeping their angles and staying alert to receive/make their pass or angle the player across from them.

Change direction to pass right/skate left to modify the drill. Coaches can also have the player angling dictate the direction of the pass for more advanced skill levels.